



SAWTOOTH SURGERY CENTER

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115 Falls Ave West
Twin Falls, ID 83301
(208) 733-1662

General Outpatient Surgery Information

Your doctor has scheduled a procedure for you at the Sawtooth Surgery Center. Outpatient surgery is all we do. We intend to do it well and to be the best available. Your procedure will never be "bumped" by emergencies and confidential treatment is assured.

Sawtooth Surgery Center is a private, peer-reviewed center. All our surgeons are board certified and monitored for quality by their fellow physicians. Anesthesia is provided by MD Anesthesia and highly trained and experienced Certified Nurse Anesthetists.

Our goal is to provide a convenient, cost-effective, efficient, and pleasant surgical experience for our patients. We want your visit to our surgery center to be as pleasant as possible.

Before Your Procedure

- DO NOT eat or drink anything after midnight the evening before surgery unless instructed otherwise by your doctor.
- DO NOT wear make-up, nail polish or jewelry.
- DO NOT take aspirin or aspirin-containing medications, or herbal supplements for two weeks before your surgery unless okayed by your doctor.
- Make arrangements for someone to take you home.

The Day of Surgery

- Wear comfortable clothing. Remember you may have dressings or splints following surgery.
- Bring a list of medications you are currently taking.
- Leave all valuables at home, including jewelry.
- Bring a lens storage case if you wear contact lenses.
- Bring a friend to drive you home after the procedure. You will not be permitted to leave alone.
- Please notify your physician if there is any change in your physical condition such as a cold, persistent cough, fever, or change in the condition for which you are to have surgery.

Surgery for Children

We recommend that you discuss surgery with your child before coming to the Sawtooth Surgery Center. We will be happy to show you and your child around our facility so your child knows what to expect. Bring a favorite blanket or toy from home. This helps to give children added security in a stressful time.

Special Instructions for Children:

- Due to limited waiting space, please limit the number of family members accompanying your child. If he or she takes a bottle, please bring an empty bottle with you so that we may feed your child juice or water as soon as possible following surgery.
- For infants, bring an extra set of cloths, diapers, formula, etc.

- Your child may be fussy or cranky after the procedure. For this reason, you may need another adult to assist in the drive home.
- When your child is ready to be discharged, the nurse will give you a written set of your doctor's discharge instructions and explain them to you.

After Surgery

Be sure to call your doctor if any problems occur after you return home. After a few hours, you may begin to feel hungry. If so, you may begin to eat light foods (broth, toast, etc.) If your doctor has ordered special foods, do as instructed.

If you were given general anesthesia, your ability to think clearly and act quickly may be affected for about 24 hours.

- DO NOT drive a car, operate machinery, or make important decisions.
- DO NOT drink alcoholic beverages.
- Ask your doctor when you may resume any regularly prescribed medications. Ask your doctor when you may return to work.
- You will be discharged according to your doctor's instructions. Plan to rest in the comfort of your own home.

Registration & Financial Arrangement

A representative from our business office will inquire about your insurance. We will check your benefits, deductible amounts, and/or co-insurance. You will then be informed of any likely balance. We accept major credit cards as payment and will be happy to discuss payment arrangements before your surgery date. Please be aware that you may receive multiple billings for your surgery. Your physician bills separately, as does anesthesia, pathology, and any pre-operative laboratory or x-ray.

Please feel free to call us at (208) 733-1662 if you have any questions.